CoreSource, Inc., Health Fitness Corporation, Trustmark Services Company: Premier Option Coverage for: Individual + Family | Plan Type: High Deductible

The Summary of Benefits and Coverage (SBC) document will help you choose a health plan. The SBC shows you how you and the plan would share the cost for covered health care services. NOTE: Information about the cost of this plan (called the premium) will be provided separately. This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage, <a href="www.mycoresource.com">www.mycoresource.com</a>. For general definitions of common terms, such as allowed amount, <a href="balance billing">balance billing</a>, <a href="coinsurance">coinsurance</a>, <a href="copayment">copayment</a>, <a href="deductible">deductible</a>, <a href="provider">provider</a>, or other <a href="underlined">underlined</a> terms see the Glossary. You can view the Glossary at <a href="www.mycoresource.com">www.mycoresource.com</a> for more information, including a copy of your plan's plan document and summary plan description.

Important Questions	Answers	Why This Matters:
What is the overall deductible?	For preferred <u>providers</u> : \$1,500/individual or \$3,000/family For non-preferred <u>providers</u> : \$3,000/individual or \$6,000/family <u>Coinsurance</u> does not apply to the <u>deductible</u> .	Generally, you must pay all of the costs from <u>providers</u> up to the <u>deductible</u> amount before this plan begins to pay. If you have other family members on the policy, the overall family <u>deductible</u> must be met before the <u>plan</u> begins to pay.
Are there services covered before you meet your deductible?	Yes. Preferred provider preventive care.	This <u>plan</u> covers some items and services even if you haven't yet met the <u>deductible</u> amount. But a <u>copayment</u> or <u>coinsurance</u> may apply. For example, this <u>plan</u> covers certain <u>preventive services</u> without cost-sharing and before you meet your <u>deductible</u> . See a list of covered <u>preventive services</u> at <a href="https://www.healthcare.gov/coverage/preventive-care-benefits/">https://www.healthcare.gov/coverage/preventive-care-benefits/</a> .
Are there other <u>deductibles</u> for specific services?	No.	You don't have to meet <u>deductibles</u> for specific services.
What is the <u>out-of-pocket</u> <u>limit</u> for this <u>plan</u> ?	For preferred providers: \$4,250/ individual or \$8,500/family No individual will have more than a \$6,850 preferred provider out of pocket expense. For nonpreferred providers: \$8,500/ individual or \$17,000/family	The <u>out-of-pocket limit</u> is the most you could pay in a year for covered services.  If you have other family members in this <u>plan</u> , they have to meet their own <u>out-of-pocket limits</u> until the overall family <u>out-of-pocket limit</u> has been met.
What is not included in the out-of-pocket limit?	Penalties for failure to obtain pre-authorization for services, premiums, balance-billing charges, and health care this plan doesn't cover.	Even though you pay these expenses, they don't count toward the <a href="out-of-pocket limit">out-of-pocket limit</a> .
Will you pay less if you use a <u>network provider</u> ?	Yes. See <a href="https://www.medcost.com">www.medcost.com</a> or call 1-800-US-AETNA; or <a href="https://www.medcost.com">www.medcost.com</a> or call 800-824-7406 for a list of <a href="https://medcost.com">network providers</a> .	This <u>plan</u> uses a <u>provider network</u> . You will pay less if you use a <u>provider</u> in the <u>plan's network</u> . You will pay the most if you use an <u>out-of-network</u> <u>provider</u> , and you might receive a bill from a <u>provider</u> for the difference between the <u>provider's</u> charge and what your <u>plan</u> pays ( <u>balance billing</u> ). Be aware your <u>network provider</u> might use an <u>out-of-network provider</u> for some services (such as lab work). Check with your <u>provider</u> before you get services.

Important Questions	Answers	Why This Matters:
Do you need a referral to see a specialist?	No.	You can see the specialist you choose without a referral.



All <u>copayment</u> and <u>coinsurance</u> costs shown in this chart are after your <u>deductible</u> has been met, if a <u>deductible</u> applies.

Common		What You Will Pay		Limitations, Exceptions, & Other
Medical Event	Services You May Need	Preferred Provider (You will pay the least)	Nonpreferred Provider (You will pay the most)	Important Information
	Primary care visit to treat an injury or illness	20% coinsurance	40% coinsurance	Non-preferred <u>providers</u> limited to customary and reasonable amount.
	Specialist visit	20% coinsurance	40% coinsurance	Non-preferred <u>providers</u> limited to customary and reasonable amount.
If you visit a health care provider's office or clinic	Preventive care/screening/ immunization	No charge	40% <u>coinsurance</u>	You may have to pay for services that aren't preventive. Ask your <u>provider</u> if the services needed are preventive. Then check what your <u>plan</u> will pay for.  Non-preferred <u>providers</u> limited to customary and reasonable amount.
If you have a test	Diagnostic test (x-ray, blood work)	20% coinsurance	40% coinsurance	Non-preferred <u>providers</u> limited to customary and reasonable amount.
If you have a test	Imaging (CT/PET scans, MRIs)	20% coinsurance	40% coinsurance	Non-preferred <u>providers</u> limited to customary and reasonable amount.
If you need drugs to treat your illness or condition	Generic drugs	Preventive Therapy Drugs: No charge	Not covered	
More information about prescription drug coverage is available at www.caremark.com or call 1-866-644-7527	Preferred brand drugs	(Drugs that are subject to step therapy, brand penalty and	Not covered	Each prescription limited to a 30-day supply retail or a 90-day supply mail order.
	Non-preferred brand drugs	prior authorization may not be covered at 100% by the plan)	Not covered	Specialty Drugs must be obtained through Caremark's Specialty Pharmacy. Specialty Drugs are limited to a 30 day supply.
	Specialty drugs	All others drugs 20% <u>coinsurance</u>	Not covered	Drugs are illilited to a 50 day supply.
If you have outpatient surgery	Facility fee (e.g., ambulatory surgery center)	20% coinsurance	40% coinsurance	Non-preferred <u>providers</u> limited to customary and reasonable amount.
	Physician/surgeon fees	20% coinsurance	40% coinsurance	Non-preferred providers limited to customary and reasonable amount.

Common	Common What You Will Pay		Limitations, Exceptions, & Other	
Medical Event	Services You May Need	Preferred Provider (You will pay the least)	Nonpreferred Provider (You will pay the most)	Important Information
	Emergency room care	Emergency visit 20% <u>coinsurance</u> Non-emergency visit 50% <u>coinsurance</u>	Emergency visit 20% coinsurance (Preferred provider deductible and out of pocket limit apply) Non-emergency visit 50% coinsurance	Non-preferred <u>providers</u> limited to customary and reasonable amount.
If you need immediate medical attention	Emergency medical transportation	20% coinsurance	20% <u>coinsurance</u> (Preferred <u>provider</u> deductible and out of pocket limit apply)	Non-preferred providers limited to customary and reasonable amount.
	Urgent care	20% coinsurance	20% <u>coinsurance</u> (Preferred <u>provider</u> deductible and out of pocket limit apply)	Non-preferred providers limited to customary and reasonable amount.
If you have a hospital stay	Facility fee (e.g., hospital room)	20% <u>coinsurance</u>	40% <u>coinsurance</u>	\$300 penalty applies to each inpatient admission that is not pre-certified.  Non-preferred providers limited to customary and reasonable amount.
	Physician/surgeon fees	20% coinsurance	40% coinsurance	Non-preferred providers limited to customary and reasonable amount.
If you need mental	Outpatient services	20% coinsurance	40% coinsurance	Non-preferred providers limited to customary and reasonable amount.
health, behavioral health, or substance abuse services	Inpatient services	20% <u>coinsurance</u>	40% <u>coinsurance</u>	\$300 penalty applies to each inpatient admission that is not pre-certified.  Non-preferred providers limited to customary and reasonable amount.
If you are pregnant	Office visits	No charge	40% coinsurance	Non-preferred providers limited to customary and reasonable amount.
	Childbirth/delivery professional services	20% coinsurance	40% coinsurance	Non-preferred providers limited to customary and reasonable amount.
	Childbirth/delivery facility services	20% coinsurance	40% coinsurance	Non-preferred <u>providers</u> limited to customary and reasonable amount.

Common		What You	ı Will Pay	Limitations Evacutions 9 Other
Medical Event	Services You May Need	Preferred Provider (You will pay the least)	Nonpreferred Provider (You will pay the most)	Limitations, Exceptions, & Other Important Information
If you need help recovering or have other special health needs	Home health care	20% <u>coinsurance</u>	40% coinsurance	Limited to one visit per day. \$300 penalty applies if not pre-certified. Non-preferred providers limited to customary and reasonable amount.
	Rehabilitation services	20% <u>coinsurance</u>	40% <u>coinsurance</u>	\$300 penalty applies to each inpatient admission that is not pre-certified. Inpatient rehabilitation limited to 81 days while covered by this plan combined with private duty nursing.  Non-preferred providers limited to customary and reasonable amount.
	Habilitation services	20% coinsurance	40% coinsurance	Physical, speech, occupational and behavioral therapy limited to a 35 visits per year (each).  Non-preferred providers limited to customary and reasonable amount.
	Skilled nursing care	20% <u>coinsurance</u>	40% coinsurance	Home nursing requires pre-certification. Private duty nursing limited to 81 days while covered by this plan combined with inpatient rehabilitation services. Non-preferred providers limited to customary and reasonable amount.
	Durable medical equipment	20% <u>coinsurance</u>	20% <u>coinsurance</u> (Preferred <u>provider</u> deductible and out of pocket limit apply)	Non-preferred providers limited to customary and reasonable amount.
	Hospice services	20% coinsurance	40% coinsurance	\$300 penalty applies to each inpatient admission that is not pre-certified.  Non-preferred providers limited to customary and reasonable amount.
	Children's eye exam	Not covered	Not covered	No coverage for eye exams.
If your child needs dental or eye care	Children's glasses	Not covered	Not covered	No coverage for glasses.
or eye care	Children's dental check-up	Not Covered	Not covered	No coverage for dental exams.

### **Excluded Services & Other Covered Services:**

Services Your Plan Generally Does NOT Cover (Check your policy or plan document for more information and a list of any other excluded services.)			
Cosmetic surgery;	Long-term care;	Routine eye care; and	
Dental care;	<ul> <li>Non-emergency care when traveling outside the U.S.;</li> </ul>	<ul> <li>Routine foot care.</li> </ul>	
Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your <u>plan</u> document.)			
Acupuncture;	<ul> <li>Hearing aids;</li> </ul>	<ul> <li>Private-duty nursing; and</li> </ul>	
Bariatric surgery;	<ul> <li>Infertility treatment;</li> </ul>	<ul> <li>Weight-loss programs.</li> </ul>	
Chiropractic care;			

Your Rights to Continue Coverage: There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is: Department of Labor's Employee Benefits Security Administration at 1-866-444-EBSA (3272) or <a href="www.dol.gov/ebsa/healthreform">www.dol.gov/ebsa/healthreform</a>. Other coverage options may be available to you too, including buying individual insurance coverage through the Health Insurance <a href="Marketplace">Marketplace</a>. For more information about the <a href="Marketplace">Marketplace</a>, visit <a href="www.HealthCare.gov">www.HealthCare.gov</a> or call 1-800-318-2596.

Your Grievance and Appeals Rights: There are agencies that can help if you have a complaint against your <u>plan</u> for a denial of a <u>claim</u>. This complaint is called a <u>grievance</u> or <u>appeal</u>. For more information about your rights, look at the explanation of benefits you will receive for that medical <u>claim</u>. Your <u>plan</u> documents also provide complete information to submit a <u>claim</u>, <u>appeal</u>, or a <u>grievance</u> for any reason to your <u>plan</u>. For more information about your rights, this notice, or assistance, contact: Department of Labor's Employee Benefits Security Administration at 1-866-444-EBSA (3272) or www.dol.gov/ebsa/healthreform.

## Does this plan provide Minimum Essential Coverage? Yes

If you don't have Minimum Essential Coverage for a month, you'll have to make a payment when you file your tax return unless you qualify for an exemption from the requirement that you have health coverage for that month.

## Does this plan meet the Minimum Value Standards? Yes

If your plan doesn't meet the Minimum Value Standards, you may be eligible for a premium tax credit to help you pay for a plan through the Marketplace.

### **Language Access Services:**

Spanish (Español): Para obtener asistencia en Español, llame al 1-877-367-5690.

Tagalog (Tagalog): Kung kailangan ninyo ang tulong sa Tagalog tumawag sa 1-877-367-5690.

Chinese (中文): 如果需要中文的帮助,请拨打这个号码1-877-367-5690.

Navajo (Dine): Dinek'ehgo shika at'ohwol ninisingo, kwiijigo holne' 1-877-367-5690.

To see examples of how this plan might cover costs for a sample medical situation, see the next section.

## **About these Coverage Examples:**



**This is not a cost estimator.** Treatments shown are just examples of how this <u>plan</u> might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your <u>providers</u> charge, and many other factors. Focus on the <u>cost sharing</u> amounts (<u>deductibles</u>, <u>copayments</u> and <u>coinsurance</u>) and <u>excluded services</u> under the <u>plan</u>. Use this information to compare the portion of costs you might pay under different health <u>plans</u>. Please note these coverage examples are based on self-only coverage.

# Peg is Having a Baby

(9 months of in-network pre-natal care and a hospital delivery)

■ The plan's overall deductible	\$1,500
■ Specialist	20%
■ Hospital (facility)	20%
■ Other	20%

#### This EXAMPLE event includes services like:

Specialist office visits (prenatal care)
Childbirth/Delivery Professional Services
Childbirth/Delivery Facility Services
Diagnostic tests (ultrasounds and blood work)
Specialist visit (anesthesia)

Total Example Cost	\$12,800

## In this example, Peg would pay:

1 / 0 1 3		
Cost Sharing		
Deductibles	\$1,500	
Copayments	\$0	
Coinsurance	\$2,527	
What isn't covered		
Limits or exclusions \$60		
The total Peg would pay is \$		

# **Managing Joe's Type 2 Diabetes**

(a year of routine in-network care of a well-controlled condition)

■ The plan's overall deductible	\$1,500
■ Specialist	20%
■ Hospital (facility)	20%
■ Other	20%

#### This EXAMPLE event includes services like:

Primary care physician office visits (including disease education)

Diagnostic tests (blood work)

Prescription drugs

Durable medical equipment (glucose meter)

### In this example, Joe would pay:

Cost Sharing		
Deductibles	\$1,500	
Copayments	\$0	
Coinsurance	\$1,437	
What isn't covered		
Limits or exclusions	\$55	
The total Joe would pay is	\$2,992	

## **Mia's Simple Fracture**

(in-network emergency room visit and follow up care)

■ The plan's overall deductible	\$1,500
■ Specialist	20%
■ Hospital (facility)	20%
Other	20%

### This EXAMPLE event includes services like:

Emergency room care (including medical supplies)

Diagnostic test (x-ray)

Durable medical equipment (crutches)

Rehabilitation services (physical therapy)

## In this example, Mia would pay:

Cost Sharing		
Deductibles	\$1,500	
Copayments	\$0	
Coinsurance	\$385	
What isn't covered		
Limits or exclusions \$		
The total Mia would pay is	\$1,885	

The Summary of Benefits and Coverage (SBC) document will help you choose a health plan. The SBC shows you how you and the plan would share the cost for covered health care services. NOTE: Information about the cost of this plan (called the premium) will be provided separately. This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage, www.mycoresource.com. For general definitions of common terms, such as allowed amount, balance billing, coinsurance, copayment, deductible, provider, or other underlined terms see the Glossary. You can view the Glossary at www.cciio.cms.gov or call 1-877-267-2323 extension 61565 to request a copy. Questions: Call 1-877-367-5690 or visit us at www.mycoresource.com for more information, including a copy of your plan's plan document and summary plan description.

Important Questions	Answers	Why This Matters:
What is the overall deductible?	For preferred providers: \$2,500/individual or \$5,000/family For non-preferred providers: \$5,000/individual or \$10,000/family Coinsurance does not apply to the deductible.	Generally, you must pay all of the costs from <u>providers</u> up to the <u>deductible</u> amount before this plan begins to pay. If you have other family members on the policy, the overall family <u>deductible</u> must be met before the <u>plan</u> begins to pay.
Are there services covered before you meet your deductible?	Yes. Preferred <u>provider</u> preventive care.	This <u>plan</u> covers some items and services even if you haven't yet met the <u>deductible</u> amount. But a <u>copayment</u> or <u>coinsurance</u> may apply. For example, this <u>plan</u> covers certain <u>preventive services</u> without cost-sharing and before you meet your <u>deductible</u> . See a list of covered <u>preventive services</u> at <a href="https://www.healthcare.gov/coverage/preventive-care-benefits/">https://www.healthcare.gov/coverage/preventive-care-benefits/</a> .
Are there other <u>deductibles</u> for specific services?	No.	You don't have to meet deductibles for specific services.
What is the <u>out-of-pocket</u> <u>limit</u> for this <u>plan</u> ?	For preferred <u>providers</u> : \$5,500/ individual or \$11,000/family No individual will have more than a \$6,850 preferred <u>provider</u> out-of-pocket expense. For nonpreferred <u>providers</u> : \$11,000/ individual or \$22,000/family	The <u>out-of-pocket limit</u> is the most you could pay in a year for covered services. If you have other family members in this <u>plan</u> , they have to meet their own <u>out-of-pocket limits</u> until the overall family <u>out-of-pocket limit</u> has been met.
What is not included in the out-of-pocket limit?	Penalties for failure to obtain pre-authorization for services, premiums, <u>balance-billing</u> charges, and health care this <u>plan</u> doesn't cover.	Even though you pay these expenses, they don't count toward the <a href="https://out-of-pocket limit">out-of-pocket limit</a> .
Will you pay less if you use a <u>network provider</u> ?	Yes. See <a href="https://www.aetna.com">www.aetna.com</a> or call 1-800-US-AETNA; or <a href="https://www.medcost.com">www.medcost.com</a> or call 1-800-824-7406 for a list of <a href="https://medcost.com">network providers</a> .	This <u>plan</u> uses a <u>provider network</u> . You will pay less if you use a <u>provider</u> in the <u>plan's network</u> . You will pay the most if you use an <u>out-of-network provider</u> , and you might receive a bill from a <u>provider</u> for the difference between the <u>provider's</u> charge and what your <u>plan</u> pays ( <u>balance billing</u> ). Be aware your <u>network provider</u> might use an <u>out-of-network provider</u> for some services (such as lab work). Check with your <u>provider</u> before you get services.

Important Questions	Answers	Why This Matters:
Do you need a referral to see a specialist?	No.	You can see the specialist you choose without a referral.



All **copayment** and **coinsurance** costs shown in this chart are after your **deductible** has been met, if a **deductible** applies.

Common		What You Will Pay		Limitations, Exceptions, & Other
Medical Event	Services You May Need	Preferred Provider (You will pay the least)	Nonpreferred Provider (You will pay the most)	Important Information
	Primary care visit to treat an injury or illness	20% coinsurance	40% coinsurance	Non-preferred <u>providers</u> limited to customary and reasonable amount.
	Specialist visit	20% coinsurance	40% coinsurance	Non-preferred <u>providers</u> limited to customary and reasonable amount.
If you visit a health care provider's office or clinic	Preventive care/screening/ immunization	No charge	40% <u>coinsurance</u>	You may have to pay for services that aren't preventive. Ask your <u>provider</u> if the services needed are preventive. Then check what your <u>plan</u> will pay for.  Non-preferred <u>providers</u> limited to customary and reasonable amount.
If you have a test	Diagnostic test (x-ray, blood work)	20% coinsurance	40% coinsurance	Non-preferred <u>providers</u> limited to customary and reasonable amount.
If you have a test	Imaging (CT/PET scans, MRIs)	20% coinsurance	40% coinsurance	Non-preferred <u>providers</u> limited to customary and reasonable amount.
If you need drugs to treat	Generic drugs	Preventive Therapy Drugs: No charge	Not covered	Each prescription limited to a 30-day
your illness or condition More information about	Preferred brand drugs	(Drugs that are subject to step therapy, brand penalty	Not covered	supply retail or a 90-day supply mail order.  Specialty Drugs must be obtained through
prescription drug coverage is available at www.caremark.com or call	Non-preferred brand drugs	and prior authorization may not be covered at 100% by the plan)  Not covered	Not covered	Caremark's Specialty Pharmacy. Specialty Drugs are limited to a 30 day
1-866-644-7527	All others drugg	Not covered	supply.	
If you have outpatient	Facility fee (e.g., ambulatory surgery center)  20% coinsurance 40% coinsurance	40% coinsurance	Non-preferred <u>providers</u> limited to customary and reasonable amount.	
<b>surgery</b> Physic	Physician/surgeon fees	20% coinsurance	40% <u>coinsurance</u>	Non-preferred providers limited to customary and reasonable amount.

Common		What You	ı Will Pay	Limitations Evacutions 9 Other
Common Medical Event	Services You May Need	Preferred Provider (You will pay the least)	Nonpreferred Provider (You will pay the most)	Limitations, Exceptions, & Other Important Information
If you need immediate	Emergency room care	Emergency visit 20% <u>coinsurance</u> Non-emergency visit 50% <u>coinsurance</u>	Emergency visit 20% coinsurance (Preferred provider deductible and out of pocket limit apply) Non-emergency visit 50% coinsurance	Non-preferred <u>providers</u> limited to customary and reasonable amount.
medical attention	Emergency medical transportation	20% <u>coinsurance</u>	20% coinsurance (Preferred provider deductible and out of pocket limit apply)	Non-preferred <u>providers</u> limited to customary and reasonable amount.
	<u>Urgent care</u>	20% <u>coinsurance</u>	20% <u>coinsurance</u> (Preferred <u>provider</u> deductible and out of pocket limit apply)	Non-preferred <u>providers</u> limited to customary and reasonable amount.
If you have a hospital stay	Facility fee (e.g., hospital room)	20% <u>coinsurance</u>	40% coinsurance	\$300 penalty applies to each inpatient admission that is not pre-certified.  Non-preferred providers limited to customary and reasonable amount.
	Physician/surgeon fees	20% coinsurance	40% coinsurance	Non-preferred <u>providers</u> limited to customary and reasonable amount.
If you need mental	Outpatient services	20% coinsurance	40% coinsurance	Non-preferred <u>providers</u> limited to customary and reasonable amount.
health, behavioral health, or substance abuse services	Inpatient services	20% <u>coinsurance</u>	40% coinsurance	\$300 penalty applies to each inpatient admission that is not pre-certified.  Non-preferred providers limited to customary and reasonable amount.
	Office visits	No charge	40% coinsurance	Non-preferred <u>providers</u> limited to customary and reasonable amount.
If you are pregnant	Childbirth/delivery professional services	20% coinsurance	40% coinsurance	Non-preferred <u>providers</u> limited to customary and reasonable amount.
	Childbirth/delivery facility services	20% <u>coinsurance</u>	40% coinsurance	Non-preferred <u>providers</u> limited to customary and reasonable amount.

Common		What You Will Pay		Limitations Expontions & Other
Medical Event	Services You May Need	Preferred Provider (You will pay the least)	Nonpreferred Provider (You will pay the most)	Limitations, Exceptions, & Other Important Information
	Home health care	20% <u>coinsurance</u>	40% coinsurance	Limited to one visit per day. \$300 penalty applies if not pre-certified. Non-preferred <u>providers</u> limited to customary and reasonable amount.
	Rehabilitation services	20% <u>coinsurance</u>	40% <u>coinsurance</u>	\$300 penalty applies to each inpatient admission that is not pre-certified. Inpatient rehabilitation limited to 81 days while covered by this plan combined with private duty nursing.  Non-preferred providers limited to customary and reasonable amount.
If you need help recovering or have other	Habilitation services	20% <u>coinsurance</u>	40% <u>coinsurance</u>	Physical, speech, occupational and behavioral therapy limited to a 35 visits per year (each).  Non-preferred providers limited to customary and reasonable amount.
special health needs	Skilled nursing care	20% <u>coinsurance</u>	40% <u>coinsurance</u>	Home nursing requires pre-certification. Private duty nursing limited to 81 days while covered by this plan combined with inpatient rehabilitation services. Non-preferred providers limited to customary and reasonable amount.
	Durable medical equipment	20% <u>coinsurance</u>	20% <u>coinsurance</u> (Preferred <u>provider</u> deductible and out of pocket limit apply)	Non-preferred <u>providers</u> limited to customary and reasonable amount.
	Hospice services	20% <u>coinsurance</u>	40% coinsurance	\$300 penalty applies to each inpatient admission that is not pre-certified.  Non-preferred providers limited to customary and reasonable amount.
	Children's eye exam	Not covered	Not covered	No coverage for eye exams.
If your child needs dental or eye care	Children's glasses	Not covered	Not covered	No coverage for glasses.
or eye care	Children's dental check-up	Not Covered	Not covered	No coverage for dental exams.

#### **Excluded Services & Other Covered Services:**

Services Your Plan Generally Does NOT Cover (Check your policy or plan document for more information and a list of any other excluded services.)

Cosmetic surgery;

Long-term care;

• Routine eye care; and

Dental care;

- Non-emergency care when traveling outside the U.S.;
- Routine foot care.

## Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your plan document.)

Acupuncture;

Hearing aids;

Private-duty nursing; and

Bariatric surgery;

Infertility treatment;

Weight-loss programs.

Chiropractic care;

Your Rights to Continue Coverage: There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is: Department of Labor's Employee Benefits Security Administration at 1-866-444-EBSA (3272) or <a href="www.dol.gov/ebsa/healthreform">www.dol.gov/ebsa/healthreform</a>. Other coverage options may be available to you too, including buying individual insurance coverage through the Health Insurance <a href="Marketplace">Marketplace</a>. For more information about the <a href="Marketplace">Marketplace</a>, visit <a href="www.HealthCare.gov">www.HealthCare.gov</a> or call 1-800-318-2596.

Your Grievance and Appeals Rights: There are agencies that can help if you have a complaint against your <u>plan</u> for a denial of a <u>claim</u>. This complaint is called a <u>grievance</u> or <u>appeal</u>. For more information about your rights, look at the explanation of benefits you will receive for that medical <u>claim</u>. Your <u>plan</u> documents also provide complete information to submit a <u>claim</u>, <u>appeal</u>, or a <u>grievance</u> for any reason to your <u>plan</u>. For more information about your rights, this notice, or assistance, contact: Department of Labor's Employee Benefits Security Administration at 1-866-444-EBSA (3272) or www.dol.gov/ebsa/healthreform.

## Does this plan provide Minimum Essential Coverage? Yes

If you don't have Minimum Essential Coverage for a month, you'll have to make a payment when you file your tax return unless you qualify for an exemption from the requirement that you have health coverage for that month.

### Does this plan meet the Minimum Value Standards? Yes

If your plan doesn't meet the Minimum Value Standards, you may be eligible for a premium tax credit to help you pay for a plan through the Marketplace.

### **Language Access Services:**

Spanish (Español): Para obtener asistencia en Español, llame al 1-877-367-5690.

Tagalog (Tagalog): Kung kailangan ninyo ang tulong sa Tagalog tumawag sa 1-877-367-5690.

Chinese (中文): 如果需要中文的帮助,请拨打这个号码1-877-367-5690.

Navajo (Dine): Dinek'ehgo shika at'ohwol ninisingo, kwiijigo holne' 1-877-367-5690.

——To see examples of how this plan might cover costs for a sample medical situation, see the next section.

## **About these Coverage Examples:**



This is not a cost estimator. Treatments shown are just examples of how this <u>plan</u> might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your <u>providers</u> charge, and many other factors. Focus on the <u>cost sharing</u> amounts (<u>deductibles</u>, <u>copayments</u> and <u>coinsurance</u>) and <u>excluded services</u> under the <u>plan</u>. Use this information to compare the portion of costs you might pay under different health <u>plans</u>. Please note these coverage examples are based on self-only coverage.

# Peg is Having a Baby

(9 months of in-network pre-natal care and a hospital delivery)

■ The <u>plan's</u> overall <u>deductible</u>	\$2,500
■ Specialist	20%
Hospital (facility)	20%
■ Other	20%

#### This EXAMPLE event includes services like:

Specialist office visits (prenatal care)
Childbirth/Delivery Professional Services
Childbirth/Delivery Facility Services
Diagnostic tests (ultrasounds and blood work)
Specialist visit (anesthesia)

Total Example Cost	\$12,800

## In this example, Peg would pay:

<u> </u>		
Cost Sharing		
Deductibles	\$2,500	
Copayments	\$0	
Coinsurance	\$2,527	
What isn't covered		
Limits or exclusions \$60		
The total Peg would pay is	\$5,087	

# **Managing Joe's Type 2 Diabetes**

(a year of routine in-network care of a well-controlled condition)

■ The <u>plan's</u> overall <u>deductible</u>	\$2,500
■ Specialist	20%
■ Hospital (facility)	20%
■ Other	20%

#### This EXAMPLE event includes services like:

Primary care physician office visits (including disease education)

Diagnostic tests (blood work)

Prescription drugs

Durable medical equipment (glucose meter)

<b>Total Example Cost</b>	\$7,400
---------------------------	---------

### In this example, Joe would pay:

Cost Sharing		
Deductibles	\$2,500	
Copayments	\$0	
Coinsurance	\$1,437	
What isn't covered		
Limits or exclusions	\$55	
The total Joe would pay is	\$3,992	

## **Mia's Simple Fracture**

(in-network emergency room visit and follow up care)

■ The <u>plan's</u> overall <u>deductible</u>	\$2,500
■ Specialist	20%
■ Hospital (facility)	20%
Other	20%

#### This EXAMPLE event includes services like:

Emergency room care (including medical supplies)

Diagnostic test (x-ray)

Durable medical equipment (crutches)

Rehabilitation services (physical therapy)

## In this example, Mia would pay:

Cost Sharing		
Deductibles	\$1,540	
Copayments	\$0	
Coinsurance	\$385	
What isn't covered		
Limits or exclusions	\$0	
The total Mia would pay is	\$1,925	

The Summary of Benefits and Coverage (SBC) document will help you choose a health plan. The SBC shows you how you and the plan would share the cost for covered health care services. NOTE: Information about the cost of this plan (called the premium) will be provided separately. This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage, www.mycoresource.com. For general definitions of common terms, such as allowed amount, balance billing, coinsurance, copayment, deductible, provider, or other underlined terms see the Glossary. You can view the Glossary at www.cciio.cms.gov or call 1-877-267-2323 extension 61565 to request a copy. Questions: Call 1-877-367-5690 or visit us at www.mycoresource.com for more information, including a copy of your plan's plan document and summary plan description.

Important Questions	Answers	Why This Matters:
What is the overall deductible?	For preferred <u>providers</u> : \$4,500/individual or \$9,000/family For non-preferred <u>providers</u> : \$6,350/individual or \$12,700/family <u>Coinsurance</u> does not apply to the <u>deductible</u> .	Generally, you must pay all of the costs from <u>providers</u> up to the <u>deductible</u> amount before this plan begins to pay. If you have other family members on the policy, the overall family <u>deductible</u> must be met before the <u>plan</u> begins to pay.
Are there services covered before you meet your deductible?	Yes. Preferred <u>provider</u> preventive care.	This <u>plan</u> covers some items and services even if you haven't yet met the <u>deductible</u> amount. But a <u>copayment</u> or <u>coinsurance</u> may apply. For example, this <u>plan</u> covers certain <u>preventive services</u> without cost-sharing and before you meet your <u>deductible</u> . See a list of covered <u>preventive services</u> at <a href="https://www.healthcare.gov/coverage/preventive-care-benefits/">https://www.healthcare.gov/coverage/preventive-care-benefits/</a> .
Are there other <u>deductibles</u> for specific services?	No.	You don't have to meet <u>deductibles</u> for specific services.
What is the <u>out-of-pocket</u> <u>limit</u> for this <u>plan</u> ?	For preferred <u>providers</u> : \$6,350/ individual or \$12,700/family No individual will have more than a \$6,850 preferred <u>provider</u> out-of-pocket expense. No out of pocket limit for nonpreferred <u>providers</u> .	The <u>out-of-pocket limit</u> is the most you could pay in a year for covered services.  If you have other family members in this <u>plan</u> , they have to meet their own <u>out-of-pocket limits</u> until the overall family <u>out-of-pocket limit</u> has been met.
What is not included in the out-of-pocket limit?	Penalties for failure to obtain pre-authorization for services, premiums, <u>balance-billing</u> charges, and health care this <u>plan</u> doesn't cover.	Even though you pay these expenses, they don't count toward the <a href="out-of-pocket limit">out-of-pocket limit</a> .
Will you pay less if you use a <u>network provider</u> ?	Yes. See <a href="https://www.medcost.com">www.medcost.com</a> or call 1-800-824-7406 for a list of <a href="https://medcost.com">network providers</a> .	This <u>plan</u> uses a <u>provider network</u> . You will pay less if you use a <u>provider</u> in the <u>plan's network</u> . You will pay the most if you use an <u>out-of-network provider</u> , and you might receive a bill from a <u>provider</u> for the difference between the <u>provider's</u> charge and what your <u>plan</u> pays ( <u>balance billing</u> ). Be aware your <u>network provider</u> might use an <u>out-of-network provider</u> for some services (such as lab work). Check with your <u>provider</u> before you get services.

Important Questions	Answers	Why This Matters:
Do you need a referral to see a specialist?	No.	You can see the specialist you choose without a referral.



All **copayment** and **coinsurance** costs shown in this chart are after your **deductible** has been met, if a **deductible** applies.

Common		What You Will Pay		Limitations, Exceptions, & Other
Medical Event	Services You May Need	Preferred Provider (You will pay the least)	Nonpreferred Provider (You will pay the most)	Important Information
	Primary care visit to treat an injury or illness	30% coinsurance	50% coinsurance	Non-preferred <u>providers</u> limited to customary and reasonable amount.
If you visit a health care	Specialist visit	30% coinsurance	50% coinsurance	Non-preferred <u>providers</u> limited to customary and reasonable amount.
provider's office or clinic	Preventive care/screening/ immunization	No charge	Not covered	You may have to pay for services that aren't preventive. Ask your <u>provider</u> if the services needed are preventive. Then check what your <u>plan</u> will pay for.
If you have a test	Diagnostic test (x-ray, blood work)	30% coinsurance	50% coinsurance	Non-preferred <u>providers</u> limited to customary and reasonable amount.
If you have a test	Imaging (CT/PET scans, MRIs)	30% coinsurance	50% coinsurance	Non-preferred <u>providers</u> limited to customary and reasonable amount.
If you need drugs to treat	Generic drugs	Preventive Therapy Drugs: No charge	Not covered	Each prescription limited to a 30-day
your illness or condition  More information about prescription drug coverage	Preferred brand drugs	(Drugs that are subject to step therapy, brand penalty and prior	Not covered	supply retail or a 90-day supply mail order.
is available at www.caremark.com or call	Non-preferred brand drugs	authorization may not be covered at 100% by the plan)	Not covered	Specialty Drugs must be obtained through Caremark's Specialty Pharmacy. Specialty Drugs are limited
1-866-644-7527.	Specialty drugs	All others drugs 30% <u>coinsurance</u>	Not covered	to a 30 day supply.
If you have outpatient	Facility fee (e.g., ambulatory surgery center)	30% coinsurance	50% coinsurance	Non-preferred <u>providers</u> limited to customary and reasonable amount.
surgery	Physician/surgeon fees	30% coinsurance	50% coinsurance	Non-preferred providers limited to customary and reasonable amount.

Common		What You Will Pay		Limitations Eventions 9 Other
Medical Event	Services You May Need	Preferred Provider (You will pay the least)	Nonpreferred Provider (You will pay the most)	Limitations, Exceptions, & Other Important Information
If you need immediate	Emergency room care	Emergency visit 30% <u>coinsurance</u> Non-emergency visit 50% <u>coinsurance</u>	Emergency visit 30% coinsurance (Preferred provider deductible and out of pocket limit apply) Non-emergency visit 50% coinsurance	Non-preferred <u>providers</u> limited to customary and reasonable amount.
medical attention	Emergency medical transportation	30% coinsurance	30% <u>coinsurance</u> (Preferred <u>provider</u> deductible and out of pocket limit apply)	Non-preferred <u>providers</u> limited to customary and reasonable amount.
	<u>Urgent care</u>	30% coinsurance	30% <u>coinsurance</u> (Preferred <u>provider</u> deductible and out of pocket limit apply)	Non-preferred <u>providers</u> limited to customary and reasonable amount.
If you have a hospital stay	Facility fee (e.g., hospital room)	30% coinsurance	50% coinsurance	\$300 penalty applies to each inpatient admission that is not pre-certified.  Non-preferred providers limited to customary and reasonable amount.
	Physician/surgeon fees	30% coinsurance	50% coinsurance	Non-preferred <u>providers</u> limited to customary and reasonable amount.
If you need mental	Outpatient services	30% coinsurance	50% coinsurance	Non-preferred <u>providers</u> limited to customary and reasonable amount.
health, behavioral health, or substance abuse services	Inpatient services	30% <u>coinsurance</u>	50% <u>coinsurance</u>	\$300 penalty applies to each inpatient admission that is not pre-certified.  Non-preferred providers limited to customary and reasonable amount.
If you are pregnant	Office visits	No charge	50% coinsurance	Non-preferred <u>providers</u> limited to customary and reasonable amount.
	Childbirth/delivery professional services	30% coinsurance	50% coinsurance	Non-preferred <u>providers</u> limited to customary and reasonable amount.
	Childbirth/delivery facility services	30% coinsurance	50% coinsurance	Non-preferred <u>providers</u> limited to customary and reasonable amount.

Common		What You Will Pay		Limitations Evacutions & Other Important
Medical Event	Services You May Need	Preferred Provider (You will pay the least)	Nonpreferred Provider (You will pay the most)	Limitations, Exceptions, & Other Important Information
	Home health care	30% <u>coinsurance</u>	50% coinsurance	Limited to one visit per day. \$300 penalty applies if not pre-certified. Non-preferred providers limited to customary and reasonable amount.
	Rehabilitation services	30% <u>coinsurance</u>	50% <u>coinsurance</u>	\$300 penalty applies to each inpatient admission that is not pre-certified. Inpatient rehabilitation limited to 81 days while covered by this plan combined with private duty nursing.  Non-preferred providers limited to customary and reasonable amount.
If you need help recovering or have other	Habilitation services	30% coinsurance	50% <u>coinsurance</u>	Physical, speech, occupational and behavioral therapy limited to a 35 visits per year (each).  Non-preferred providers limited to customary and reasonable amount.
special health needs	Skilled nursing care	30% coinsurance	50% <u>coinsurance</u>	Home nursing requires pre-certification. Private duty nursing limited to 81 days while covered by this plan combined with inpatient rehabilitation services. Non-preferred providers limited to customary and reasonable amount.
	Durable medical equipment	30% coinsurance	30% coinsurance (Preferred provider deductible and out of pocket limit apply)	Non-preferred providers limited to customary and reasonable amount.
	Hospice services	30% <u>coinsurance</u>	50% <u>coinsurance</u>	\$300 penalty applies to each inpatient admission that is not pre-certified.  Non-preferred providers limited to customary and reasonable amount.
	Children's eye exam	Not covered	Not covered	No coverage for eye exams.
If your child needs dental or eye care	Children's glasses	Not covered	Not covered	No coverage for glasses.
	Children's dental check-up	Not Covered	Not covered	No coverage for dental exams.

#### **Excluded Services & Other Covered Services:**

Services Your Plan Generally Does NOT Cover (Check your policy or plan document for more information and a list of any other excluded services.)

Cosmetic surgery;

Long-term care;

Routine eye care; andRoutine foot care.

Dental care:

Non-emergency care when traveling outside the U.S.;

## Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your plan document.)

Acupuncture;

Hearing aids;

• Private-duty nursing; and

Bariatric surgery;

Infertility treatment;

Weight-loss programs.

Chiropractic care;

Your Rights to Continue Coverage: There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is: Department of Labor's Employee Benefits Security Administration at 1-866-444-EBSA (3272) or <a href="www.dol.gov/ebsa/healthreform">www.dol.gov/ebsa/healthreform</a>. Other coverage options may be available to you too, including buying individual insurance coverage through the Health Insurance <a href="Marketplace">Marketplace</a>. For more information about the <a href="Marketplace">Marketplace</a>, visit <a href="www.HealthCare.gov">www.HealthCare.gov</a> or call 1-800-318-2596.

Your Grievance and Appeals Rights: There are agencies that can help if you have a complaint against your plan for a denial of a <u>claim</u>. This complaint is called a <u>grievance</u> or <u>appeal</u>. For more information about your rights, look at the explanation of benefits you will receive for that medical <u>claim</u>. Your <u>plan</u> documents also provide complete information to submit a <u>claim</u>, <u>appeal</u>, or a <u>grievance</u> for any reason to your <u>plan</u>. For more information about your rights, this notice, or assistance, contact: Department of Labor's Employee Benefits Security Administration at 1-866-444-EBSA (3272) or www.dol.gov/ebsa/healthreform.

## Does this plan provide Minimum Essential Coverage? Yes

If you don't have Minimum Essential Coverage for a month, you'll have to make a payment when you file your tax return unless you qualify for an exemption from the requirement that you have health coverage for that month.

### Does this plan meet the Minimum Value Standards? Yes

If your plan doesn't meet the Minimum Value Standards, you may be eligible for a premium tax credit to help you pay for a plan through the Marketplace.

### **Language Access Services:**

Spanish (Español): Para obtener asistencia en Español, llame al 1-877-367-5690.

Tagalog (Tagalog): Kung kailangan ninyo ang tulong sa Tagalog tumawag sa 1-877-367-5690.

Chinese (中文): 如果需要中文的帮助,请拨打这个号码1-877-367-5690.

Navajo (Dine): Dinek'ehgo shika at'ohwol ninisingo, kwiijigo holne' 1-877-367-5690.

——To see examples of how this plan might cover costs for a sample medical situation, see the next section.——————

## **About these Coverage Examples:**



**This is not a cost estimator.** Treatments shown are just examples of how this <u>plan</u> might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your <u>providers</u> charge, and many other factors. Focus on the <u>cost sharing</u> amounts (<u>deductibles</u>, <u>copayments</u> and <u>coinsurance</u>) and <u>excluded services</u> under the <u>plan</u>. Use this information to compare the portion of costs you might pay under different health <u>plans</u>. Please note these coverage examples are based on self-only coverage.

# Peg is Having a Baby

(9 months of in-network pre-natal care and a hospital delivery)

■ The <u>plan's</u> overall <u>deductible</u>	\$4,500
■ Specialist	30%
■ Hospital (facility)	30%
■ Other	30%

#### This EXAMPLE event includes services like:

Specialist office visits (prenatal care)
Childbirth/Delivery Professional Services
Childbirth/Delivery Facility Services
Diagnostic tests (ultrasounds and blood work)
Specialist visit (anesthesia)

Total Example Cost	\$12,800

## In this example, Peg would pay:

1 / 0 1 /	
Cost Sharing	
Deductibles	\$2,630
Copayments	\$0
Coinsurance	\$3,720
What isn't covered	
Limits or exclusions	\$60
The total Peg would pay is	\$6,410

# **Managing Joe's Type 2 Diabetes**

(a year of routine in-network care of a well-controlled condition)

■ The plan's overall deductible	\$4,500
■ Specialist	30%
■ Hospital (facility)	30%
■ Other	30%

#### This EXAMPLE event includes services like:

Primary care physician office visits (including disease education)

Diagnostic tests (blood work)

Prescription drugs

Durable medical equipment (glucose meter)

### In this example, Joe would pay:

Cost Sharing	
Deductibles	\$4,443
Copayments	\$0
Coinsurance	\$1,907
What isn't covered	
Limits or exclusions	\$55
The total Joe would pay is	\$6,405

## **Mia's Simple Fracture**

(in-network emergency room visit and follow up care)

■ The <u>plan's</u> overall <u>deductible</u>	\$4,500
■ Specialist	30%
■ Hospital (facility)	30%
Other	30%

### This EXAMPLE event includes services like:

Emergency room care (including medical supplies)

Diagnostic test (x-ray)

Durable medical equipment (crutches)

Rehabilitation services (physical therapy)

Total Example Cost \$1,900
----------------------------

### In this example, Mia would pay:

Cost Sharing	
\$1,348	
\$0	
\$578	
\$0	
\$1,925	